



## Vedic Medical Astrology

Vedic Medical Astrology is a branch of Vedic Astrology (Jyotish). The Ayur-Jyoti technique uses a Vedic horoscope, which is drawn by the Vedic Medical Astrologer, based on exact time, place, & date of birth of the concerned person. The horoscope is a blueprint of the whole being, reflecting the complex interaction of body, mind and spirit.

Astrology and medicine were not, even in the West, regarded as two separate disciplines until some centuries ago. Before that, all educated persons were broadly acquainted with astrology, philosophy, and medicine. Interestingly, whereas astrology was generally considered to be a reputable occupation, medicine seldom was. Very few people know that Hippocrates, the Father of Medicine, and the one that medical doctors take an oath from, said that no one should call himself a doctor unless he/she was also an astrologer; for no diagnosis could be made without the help of astrological information on the patient.

Vedic Medical astrology is a science that demands a union of knowledge of both astrology and medicine. Ideally, it takes years of acquiring astrological expertise and also becoming totally familiar with physiology, anatomy and pathology to qualify as a medical astrologer who being an Ayurvedic physician, can accurately sense imbalances, weak spots and advice clients on the best procedures for regaining health.

One's horoscope can describe with great accuracy the unique constitutional makeup of an individual, including the resilience of the immune system as well as structural and functional weaknesses.

An Ayurvedic doctor may be able to determine a tendency toward various types of illnesses, and one can usually see periods of stress or lowered vitality when one could have health problems

Medical Astrology is the science that analyzes how these imbalances can manifest in our physical body. When the natal chart is studied in light of present or future planetary movements (transits), Medical Astrology also provides insight into the timing of events and may give us clues as to when problems may begin, or fade off.

The medical astrologer then can advise the client on the appropriate diagnostic tests (prescribed by a medical doctor) necessary to verify the astrological speculations. After a physician's tests have confirmed the diagnosis, together the medical astrologer and doctor can outline the best diet and program of herbs, detoxification & nutritional supplements for the individual to regain good health.

Ancient medical astrology used many tools that have gone out of fashion in the West but are still highly regarded in the East. Various precious and semiprecious stones were prescribed



# Ayurvedic Healing

3121 Park Ave. Ste D, Soquel, Ca 95003

phone 831.462.3776

fax 831.462.3706

[www.ayurvedichealing.net](http://www.ayurvedichealing.net)

along with metals or alloys of metals to pacify strong planets or strengthen weak ones. Likewise, herbs were all classified according to their planetary rulerships as well as energetic properties such as hot, cold, wet, dry, etc. A cold condition was treated with warming herbs, and a fever was treated with cooling herbs.

## Healing Modalities

The medical astrologer can identify the most effective healing modalities for a client to pursue. For example, a dominant emphasis on the earth element (strong Taurus, Virgo or Capricorn in the chart) would suggest bodywork, chiropractic or nutritional therapies, whereas dominant water (strong Cancer, Scorpio or Pisces) will respond better to psychotherapy, art therapy or psychic healing.

Fire sign signatures (strong placements of planets in Aries, Leo and/or Sagittarius) respond best to exercise regimes such as t'ai chi or qi gong (though these people need to watch a tendency toward overdoing their workouts) with subsequent burnout. Air signs (Gemini, Libra and Aquarius) respond well to acupuncture, yoga and scheduled rests to recharge their easily over stimulated nervous systems.

Astrology can help the health practitioner to identify the best way to present the information to the client, what to expect of the course of the healing journey, and the client's style and willingness to pursue the recommended course of treatment. For example, cardinal signs rising (Aries, Cancer, Libra or Capricorn) show the most dramatic response to therapeutic modifications and are generally open and enthusiastic about embarking upon a regime.

Those with fixed signs rising (Taurus, Leo, Scorpio or Aquarius) are more resistant to accepting advice from others, though will carry out a regime to the letter for extensive periods if you can get through to them (suggestion: they are impressed with success stories and like a fair amount of control). Mutable signs rising (Gemini, Virgo, Sagittarius and Pisces) tend to shop around the healing circuit, either staying with something for a while and then moving on, or creating an eclectic mix of therapies.

## THE ANATOMICAL AND PHYSIOLOGICAL PROPERTIES OF THE SIGNS

### ARIES

When Aries, which has rule over the head, is on the Ascendant, we have a person whose actions are impulsive and aggressive. He acts and speaks quickly. An excess of life force is generated by these people. This is intensified when the dynamic Mars, which is the ruler of Aries, is also in Aries on the Ascendant, or when the life-giving sun is there. When these



# Ayurvedic Healing

3121 Park Ave. Ste D, Soquel, Ca 95003

phone 831.462.3776

fax 831.462.3706

[www.ayurvedichealing.net](http://www.ayurvedichealing.net)

planets add their vital energies to the Ascendant, we have a person who is very apt to dissipate his forces. people who express Aries very strongly are apt to be quick of temper of an explosive kind, but will not hold spite. Those with Aries on the Ascendant, or with the sun or Mars there are quick to anger but also ready to forgive.

Aries rules the head, the cerebral hemispheres of the brain, the upper jaw, the eyes, and the face. The nose, however, is ruled by the martial sign of Scorpio.

Aries is hot, dry, and inflammatory. Aries people with a slight cold or disturbance of health may have a very high temperature. In illness their fever will often be from three to four degrees higher than that of the persons born under the watery or airy signs. Under planetary afflictions these people are subject to brain fever, dizziness, nosebleed, neuralgia, inflammation of the cerebral hemispheres, and diseases of the brain and face. They frequently suffer from a rush of blood to the head.

The will of the patient plays a great part in the success of healing. People under positive signs are most likely to respond, for they make personal effort to help the healer, while negative-sign people are prone to follow the line of least resistance and to be neglectful in following the instructions of the healer.

## TAURUS

Taurus has rule over the region of the neck, the ears, palate, larynx, tonsils, thyroid gland, lower jaw, occipital region, cerebellum, atlas, and cervical vertebrae, vocal chords, carotid arteries, jugular vein, and the pharynx.

The Taurean is very stubborn and tenacious. Taurus being a negative sign, when a Taurean contracts a disease, he holds on to it tenaciously. He has great fear of sickness, and on account of this fear he makes a poor doctor or nurse, whereas the Arian, being under Aires which is a positive sign, will go into a sick room without fear and quickly throw off the disease. If you have a patient who has Taurus rising or the sun in Taurus, never let him think he is much ill, for his fear of sickness will often bring on a spell of it. The Taurean has a tendency to take on flesh in middle life. Being short and thickest as a rule, he becomes very fleshy about the neck and base of the skull. This has a tendency to cause the swelling of glands, tonsillitis, quinsy, and various diseases of the organs of the neck.

## GEMINI



# Ayurvedic Healing

3121 Park Ave. Ste D, Soquel, Ca 95003

phone 831.462.3776

fax 831.462.3706

[www.ayurvedichealing.net](http://www.ayurvedichealing.net)

Gemini has rule over the arms, hands, shoulders, lungs, thymus gland, upper ribs, trachea, bronchi, capillaries, breath, and oxygenation of the blood.

The Gemini person is subject to nervous troubles. Gemini being one of the common signs, a person born with this sign rising is often very careless of his health and habits, and on this account we find more tubercular patients among Gemini people than among people of any one of the other eleven signs. Gemini being classed among the positive signs, the Gemini person can, if he is given the least bit of help, often throw off a disease. The diseases to which Gemini is most subject are pulmonary troubles, bronchitis, asthma, pneumonia, consumption, pleurisy, and nervous disorders.

## CANCER

When we have a horoscope to diagnose for one who has the watery and negative Cancer rising, we may look for one who is low in vitality; one who is very timid yet loath to follow the advice of others. Cancer people are apt to do the opposite from that which they are advised to do. They are also full of suspicion, and on account of lack of faith in others they are difficult to reach; but when their faith has once been established, they are most loyal and ready to cooperate. A little praise or appreciation will often win them over. They are unduly sensitive, and when hurt do not forget it readily. When the sun is in this watery sign, the native has more vitality than when it is rising, for the sun is the giver of life and energy.

Cancer has rule over the stomach, diaphragm, the mammary glands, upper lobes of the liver, thoracic duct, chymification, peristalsis, the pancreas, gastric vein, and the serum of the blood.

The afflictions which may be classed under the sign of Cancer are indigestion, hiccough, flatulency, dropsy, and sclerosis. Cancer people are very fond of food and are usually hearty eaters. Consequently they are often afflicted with diseases which originate in wrong diet; especially do we find this so with the people have Saturn in Cancer. This planet has a restricting influence, and wherever he is found he robs the corresponding organ of its fluids. When in Cancer he gives a desire for pastry and sweets.

## LEO

When we have to deal with a patient with Leo on the Ascendant, we have one with great vital energy, one who will not readily succumb to disease. The Leo usually puts up a brave fight to overcome without calling upon others for help, but when he gives up, he is usually very sick; he recovers rapidly from illness, however. His pride will not permit him as a rule to become a charge upon others. Being a positive sign the greatest handicap to the Leo is impulse. He feels he must do everything with a very great amount of energy, which is detrimental to the health of the parts of the body ruled by this vital sign: the heart, aorta, vena cava, dorsal region of the spine, and the spinal cord.



# Ayurvedic Healing

3121 Park Ave. Ste D, Soquel, Ca 95003

phone 831.462.3776

fax 831.462.3706

[www.ayurvedichealing.net](http://www.ayurvedichealing.net)

The sun, which is the life giver, rules this sign of Leo and also has rule over the vital etheric fluid coming through the spleen, which is the gateway of the solar forces. Through the spleen the sign of Leo draws its strength largely. We find those born with this sign rising very vital and full of force, especially if the sun is also in Leo; but by the destructive use of their surplus energy they are often afflicted with heart trouble of various kinds, also spinal troubles. They suffer frequently with disturbance of the spleen, which has an effect upon the activities of the blood, causing an excess of white blood corpuscles, which are destroyers and not policemen of the blood stream as medical science claims.

## VIRGO

Virgo is a feminine and negative sign, the second of the earthy triplicity, and has less power of resistance than the fixed sign of Leo. Virgo may stand considerable strain, however, being of a nervous and wiry temperament; still when the Virgoan gives up, he finds it very hard to rise and shake off an illness. Being of a negative disposition he is apt to let circumstances rule him, and does not assert his will power to overcome. Virgo is the natural sixth house sign, the house which has rule over sickness; hence when Virgo people once get into the clutches of sickness, they are apt to become chronic invalids. Therefore though such people make excellent nurses, they should be advised against this vocation and avoid sick rooms and hospitals, for they are like sponges and every ready to take on the disease of their patients.

Virgo rules the abdominal region, intestines, the lower lobes of the liver, the spleen, the duodenum, and the sympathetic nervous system.

The afflictions which may be classed under the sign of Virgo are determined largely by the planets which may be afflicted in this sign. Cramps in the intestines, wind, colic, malnutrition, diarrhea, constipation, peritonitis, cholera, dysentery, worms, catarrh of the bowels, and appendicitis may result from afflictions in Virgo.

## LIBRA

Libra is one of the signs wherein the sun is weak. The sun is symbolized by Sampson, who is minus his strength, for Delilah, who is the feminine Virgo, has shorn him of his power, which was in his hair, representing the sun's rays. As the sun enters Libra, it changes from north to south declination; and as Libra is the sign of Saturn's exaltation, the sun's rays at this point, the crossing of the equator, are weakest. Libra people on this account are not always able to rise above physical conditions. Their moods waver like the symbol which represents the sign, the scales. At one time Librans are up in the seventh heaven of happiness and optimism, but at the least mental disturbance they may drop to the very bottom of pessimism and despair. Idealism is well developed in the Libran. The Libran patient should, if possible, never be discouraged in whatever he has set his heart upon doing, for shatter his ideals and down goes one side of the scales into the very deepest discouragement, which often causes ill health. The Libran should cultivate equilibrium.



# Ayurvedic Healing

3121 Park Ave. Ste D, Soquel, Ca 95003

phone 831.462.3776

fax 831.462.3706

[www.ayurvedichealing.net](http://www.ayurvedichealing.net)

Physiologically this sign rules the kidneys, the lumbar region of the spine, the skin, the ureters, which are the tiny ducts running between the kidneys and the bladder, and the vaso-motor system. The afflictions from with the Libran is most likely to suffer are Bright's disease, lumbago, disturbed urine. The disease depends greatly upon the planets afflicting: if Saturn, there is a scarcity of urine; if Jupiter, an excess, etc. Nephritis, eczema, and diabetes are also diseases from which the Libran is likely to suffer.

## SCORPIO

The martial, watery sign of Scorpio is one of the least understood signs of the entire twelve. Scorpio produces a number of types. Usually the Scorpio person is of a secretive, timid, retiring nature, one who does not talk of his affairs. But there is another type of Scorpio who is ready to argue at "the drop of the hat," holding our for his point, and he can become very cruel. He usually has an explosive temper, which may, if the horoscope has afflictions, undermine the health. The greatest danger to the health of the Scorpio, however, comes from the generative organs and the ducts through which the excretions of the body pass, such as the urethra (the small canal through which the urine passes from the bladder outward) and the colon, including the anus.

The bladder, the sigmoid flexure, prostate gland, pubic bone, the red coloring matter of the blood, and the nasal bones are also under the rule of Scorpio.

People born under this sign make good healers, surgeons, doctors, and nurses. But there is often a cruel and tyrannical streak in the Scorpio, and the desire nature is strong, sometimes sensual. Low desires often bring excesses, which may cause the following diseases, expressing themselves according to the planets and the afflicting aspects: syphilis, hernia, scurvy, fistula, piles, inflammation and falling of the womb, uterine troubles, stricture of the prostrate gland, and nasal catarrh.

## SAGITTARIUS

The Sagittarian is usually the most gentle and easily cured of all patients, for with his frank and kindly nature he is most trusting and ever ready to follow all the instructions of the healer; but he will also respond to every negative suggestion. The healer may have given constructive advice and left the patient feeling encouraged, but should one of his many friends (for the Sagittarian is usually very popular and good mixer and therefore attracts many friends to him) suggest sickness or tell him that he is looking bad or give him some other remedy to follow he is very apt to accept the suggestion. The result is that he often retards his recovery. Therefore it is necessary for the Sagittarian patient to be placed under the care of someone who will protect him from adverse suggestions.



# Ayurvedic Healing

3121 Park Ave. Ste D, Soquel, Ca 95003

phone 831.462.3776

fax 831.462.3706

[www.ayurvedichealing.net](http://www.ayurvedichealing.net)

Sagittarius rules the region of the body directly surrounding the hips, the sacral region of the spine, the coccygeal vertebrae, the femur, the ileum, the iliac arteries, the sciatic nerves, and the ischium.

The Sagittarian diseases are locomotor ataxia, sciatica, rheumatism, and hip disease.

## CAPRICORN

The sign of Capricorn is an earthy sign and ruled by the planet Saturn. Capricorn people do not yield to disease very readily. They are of a wiry, persistent, and stolid nature, and will suffer considerable pain before they will succumb to illness. But once they have given in to sickness then they are just as slow and stubborn in holding on to it. They sometimes become hypochondriacs, and the healer must use most diplomatic methods to break up the crystallized condition with which these Saturnian people clothe themselves. The most unfortunate part of it is that if a Capricorn who is in this mental and physical state is aware that anyone is endeavoring to help him, he will resist help and close up against the friend who thus approaches him. Capricorn people are super-sensitive and very retiring. They often form habits of entertaining gloom and despondency, which have a deteriorating effect upon the health.

The sign of Capricorn has rule over the knees, the skin, the joints, and the hair. The skin of a Capricorn person is often sallow and dry.

The diseases to which Capricorn is subject are eczema, syphilis, leprosy; also dislocation of the bones.

## AQUARIUS

The fixed and airy sign of Aquarius is under the rule of two planets, the melancholy, fearful, and overanxious Saturn, which is ordinarily termed the planet of obstruction, and the impulsive, heedless, emotional, and hysterical Uranus. While Aquarius is a fixed sign which endows the native with a strong will, still when the Aquarian is afflicted by adverse aspects between certain planets, especially Saturn or Uranus when they are strongly placed in the horoscope, he is prone to develop extreme gloom, pessimism, and sensitiveness, or he is rash and responds to the emotional Uranus. These varying moods frequently result in ill health, which too often takes the form of nervousness. Aquarius being a mental and airy sign, its natives are wiry and ambitious, and are prone to overdo. They can never measure their strength until the body is strained to its very limit, therefore when they do give up they are usually in a critical state; but they will give the healer every opportunity to help them, for they are ever ready to cooperate.

Physiologically the sign of Aquarius rules the lower limbs and ankles.



# Ayurvedic Healing

3121 Park Ave. Ste D, Soquel, Ca 95003 phone 831.462.3776 fax 831.462.3706 [www.ayurvedichealing.net](http://www.ayurvedichealing.net)

The diseases with which the Aquarian may be afflicted are varicose veins, swelling of the legs, and nervous diseases of various kinds. One indication that the Aquarian has when the nerves begin to get weak is extreme sensitiveness of the skin. There is a crawling sensation felt all over the body, as if little insects were crawling on the skin.

## PISCES

Pisces is a watery and common sign, and the people born under it are of a lymphatic and negative nature very fond of luxuries, which too often lead them to seek a life of ease; in later life they are prone to take on an excess of soft, flabby flesh, which leads to ill health. The Pisces people respond very readily to suggestions, whether they are good or evil, and they will also respond just as quickly to the influence of the healer. Do not allow anyone who is of a too sympathetic nature to visit the Piscean while he is ill. Of the over-sympathetic type there are too many in the world today, who think it a social duty to call upon every sick friends and encourage the ailing one to talk about his disease, and then extend to him, oh, so much sympathy! The Piscean person will enjoy the visit of the sympathizer, but when the latter has gone, he usually has a relapse and must quickly send for the doctor or healer. He should be placed in a very cheerful room, with a cheerful attendant, and a sign on the door, "No sympathetic visitors allowed."

The Piscean is prone to drift into the habit of drink and the use of narcotics, especially if we find an affliction of the moon and Neptune in the horoscope.

Pisces rules the feet, the toes, and the fibrin of the blood. On account of their fondness for good food and an easy life. Piscean people are subject to gout and the swelling of the feet.

## Organ correlation with Zodiac

**ARIES-** Brain, cerebral hemispheres, cranium, eyes, face, upper jaw, internal carotid arteries.

**TAURUS-** Neck, throat, palate, larynx, tonsils, lower jaw, ears, occipital region, cerebellum, atlas, axis, external carotid arteries, jugular veins, pharynx, thyroid gland, cervical vertebrae.

**GEMINI-** Shoulders, arms, hands, upper ribs, lungs, trachea, bronchi, capillaries, breath, oxygenation of blood.

**CANCER-** stomach, esophagus, diaphragm, the mammae, lacteals, upper lobes of liver, thoracic duct, pancreas, serum of blood, peristalsis of the stomach,.

**LEO-** Heart, dorsal region of spine, spinal cord, aorta, superior and inferior vena cava.

**VIRGO-** Abdominal region, large and small intestines, lower lobe of liver, spleen, duodenum, chylication, peristalsis of the bowels.



# Ayurvedic Healing

3121 Park Ave. Ste D, Soquel, Ca 95003    phone 831.462.3776    fax 831.462.3706    [www.ayurvedichealing.net](http://www.ayurvedichealing.net)

**LIBRA**- Kidneys, adrenals, lumbar region, skin, ureters, vasomotor system.

**SCORPIO**-Bladder, urethra, genitals, descending colon, prostate gland, sigmoid flexure, nasal bone, pubic bone, red coloring matter in blood.

**SAGITTARIUS**- Hips, thighs, femur, ileum, coccygeal vertebrae, sacral region, sciatic nerves, ischium.

**CAPRICORN**- Skin, knees, joints, hair.

**AQUARIUS**-Lower limbs, ankles.

**PISCES**- Feet, toes, fibrin of blood.

## PATHOLOGY OF THE SIGNS

**ARIES**- Energy, forcefulness, excesses; heat, dryness, inflammation.

**TAURUS**- Stubbornness, brooding, uncontrolled anger, luxuriousness.

**GEMINI**- Negative ness, restlessness, nervousness.

**CANCER**-Lack of vitality, tenacity, unforgiveness, distrustfulness.

**LEO**- Impulse, arrogance, fixity, vitality, ardor.

**VIRGO**- Selfishness, criticism, lack of sympathy, chastity.

**LIBRA**- Self-centeredness, sensitiveness, melancholy, jealousy.

**SCORPIO**- Tyranny, destructiveness, worrisome ness, reproduction.

**SAGITTARIUS**- Restlessness, venturesome ness, accidents.

**CAPRICORN**- Limitation, deliberation, crystallization, dryness.

**AQUARIUS**-Gloom, endurance, nervousness; super-sensitiveness

**PISCES**- Sensitiveness, lack of vitality, indolence, secretiveness.



## Common Diseases of the signs

**ARIES**- Neuralgia, insomnia, cerebral congestion, brain fever, baldness, headache, dizziness, eye affections, toothache, gumboils.

**TAURUS**- Goiter, diphtheria, laryngitis, tonsillitis, croup, polypi, quinsy, glandular swelling of throat, apoplexy.

**GEMINI**-Bronchitis, asthma, pneumonia, consumption, pleurisy, corrupted blood, nervous trouble, anemia.

**CANCER**- Indigestion, dipsomania, gastric catarrh, hiccough, flatulency, dropsy, sclerosis.

**LEO**- Heart disease, angina pectoris, locomotor ataxia, hyperemia, spinal disease, spinal meningitis, fevers.

**VIRGO**- Peritonitis, malnutrition, dysentery, colic, constipation, diarrhea, cholera, typhoid, appendicitis, tapeworm

**LIBRA**- Bright's disease, lumbago, suppression of urine, nephritis, diabetes, renal calculi, uremia.

**SCORPIO**-Syphilis, rupture, gravel, scurvy, fistula, piles, diseases of the womb or uterus, urethral stricture, prostatic stricture, nasal catarrh, disease of nasal mucous membrane and nasal cartilage.

**SAGITTARIUS**-Locomotor ataxia, sciatica, lumbago, rheumatism, hip disease, accidents to thighs.

**CAPRICORN**- Eczema, erysipelas, leprosy, dislocation of bones, weak knees.

**AQUARIUS**-Varicose veins, swollen ankles, leg ache, nervous diseases, sensitive skin.

**PISCES**- Bunions, gout, deformed feet and toes, tumors, dropsy.

## ANATOMY AND PHYSIOLOGY CORRELATED TO THE PLANETS

**SUN**- Vital fluid, spleen, distribution of heat, pons varolii, oxygen, heart.

**VENUS**- Throat, kidneys, thymus gland, venous circulation.



# Ayurvedic Healing

3121 Park Ave. Ste D, Soquel, Ca 95003

phone 831.462.3776

fax 831.462.3706

[www.ayurvedichealing.net](http://www.ayurvedichealing.net)

**MERCURY**-Nerves, bronchial tubes, pulmonary circulation, thyroid gland, right cerebral hemisphere, cerebro-spinal system, sensory nerves, vital fluid in nerves, vocal cords, ears, sight, tongue, all sense perception, breath.

**MOON**- Esophagus, uterus, ovaries, lymphatics, sympathetic nervous system synovial fluid, alimentary canal, lymph, chyle, nerve sheaths.

**SATURN**- Gall bladder, pneumogastric or vagus nerve, teeth, skin, joints, ligaments, sigmoid flexure.

**JUPITER**- Liver, glycogen, suprarenals, arterial circulation, fibrin of blood, disposition of fats.

**MARS**- Iron in blood, red coloring matter in blood, genitals, motor nerves, left cerebral hemisphere, muscular movements, desire body, rectum.

## PATHOLOGICAL QUALITIES OF THE PLANETS

**SUN**- Hot, dry, vital, constructive, expansive, tonic.

**VENUS**- Warm, lymphatic, relaxing, sedentary.

**MERCURY**- Cold, dry, nervous.

**MOON** -Moist, cold, nutritive, receptive, collective, fluidic.

**SATURN**- Cold, dry, chronic, contracting, crystallizing, binding, restricting, centripetal, obstructive.

**JUPITER**- Warm, moist, nourishing, expansive, corpulent, gourmandizing.

**MARS**- Hot, dry, inflammatory, energetic, eruptive, excessive, violent, positive.